

WINTER COST OF LIVING AWARENESS PROJECT

At this time of year, many people struggle with feelings of loneliness and isolation. Find out more about local initiatives to bring people together and how to access support services.

Did you know

There are a number of organisations in Faversham and the surrounding areas offering support, food and hot meals during the festive period?

Age UK Faversham & Sittingbourne

Can provide a two course hot meal daily or a small weekly shop to those of pensionable age, while helping to make sure they are in receipt of all of the support they're entitled to.

Contact Age UK for more information. Tel: **01795 532766**

The Abbey Physic Community Garden

Over the Christmas period the Abbey Physic Community Garden will be offering free lunches through our 'Pay it Forward scheme' up until 20/12/23. After that our volunteers will open the garden (please check our Facebook page for dates/times) and can provide a welcoming cuppa/biscuits and a chat.

Contact Abbey Physic Community Garden for more information. Tel: **01795 539915**

Email: **Jacqui.abbeyphysic@gmail.com**

Faversham Umbrella Centre, Court Street, Faversham

Faversham Umbrella is offering a Christmas Meal (12.30pm. Tuesday 19th and Wednesday 20th December). Enjoy a hot meal, spend time with other people and have access to support information.

Umbrella runs a pay it forward scheme in the café. £6 would pay for a meal and drink for an individual. If you are able to contribute to this scheme to enable support for local people in what can be a difficult time after Christmas, this would be great.

Open: Tuesdays, Wednesdays and Fridays 10am – 3pm.

Contact Faversham Umbrella for more information. Tel: **01795 229143**





West Faversham Community Centre – Community Fridge

Will be continuing to collect surplus food from supermarkets to distribute via the Community Fridge right up until Christmas Eve.

There will also be a number of community events happening over Christmas.

Contact West Faversham Community Centre for more information. Tel: **01795 537321**

Food Friends

Food Friends runs a meal sharing initiative that connects volunteers, who would love to deliver an extra portion of their home cooked food, as and when they can, to a neighbour who would enjoy this along with a friendly chat. Please note, the meal sharing initiative currently operates in Faversham, Whitstable, Canterbury, Herne Bay & Ashford, is free of charge, and all volunteers are DBS and reference checked.

If you would like to find out more about having a meal delivered please ring **07495 984257** or **01227 250410** (Mon – Fri 9am-5pm).

Faversham Foodbank, Gospel Mission Hall, Tanner Street

Faversham Foodbank will be running it's usual weekly sessions right up to (and including) Friday 22nd December if anyone needs support with food in an emergency or crisis.

The service returns after Christmas on Wednesday 3rd January 2024.

Contact Faversham Foodbank for more information. Tel: **07938 720 604** (answer phone)

Email: **info@faversham.foodbank.org.uk**



FAVERSHAM
T O W N C O U N C I L



Faversham Community
Networking Group